

Women and Heart Disease (WHD) 2018
Ramalingaswami Board Room, AIIMS, New Delhi
8th March 2018

REGISTRATIONS (07.30 am onwards)

General/executive body meeting (08.00 to 08.30 Hrs)

SESSION 1: Dr. V.A. Punnoose Young Scientist + PSS Award Session (08.30 to 09.00 Hrs)

Judges: Asha Murti, M Jyotsna, S. Rajeshwari, Roopa Salwan

08.30 – 9.00: Dr. V.A. Punnoose Young Scientist Award + PSS presentations Session

Speakers:

8.30 – 8.39 Do Women's Reproductive Factors play a role for Cardiovascular Disease? By Ms. Indrani (7 min presentation + 2 min questions)

8:39 - 8.48 Point of care testing in cyanotic cardiac surgery: AIIMS algorithm By Vandana Bhardwaj (8 min presentation + 2 min questions)

8:48 - 8.57. Mammographically Detected Breast Arterial Calcification - A Marker of Coronary Artery Disease In Women - Padma Sri (8 min presentation + 2 min questions)

8:57-9.00 certificate presentation ceremony

SESSION 2: MENTAL HEALTH CONCLAVE 09.00 – 10.00 Hrs)

Chairperson: - Ravinder Singh, Smita Mishra, M. Jyotsana, Kavitha Rajashekhar, Monica Kher

9.00 - 9.15: Mental Diseases & Women: State of the art in 2018 - *M.V. Padma*

9.15 - 9.30: Mental stress management in women: Ekanth Vs Solace - *Usha Kiran*

9.30 – 9.45: Importance of Women's Health Day - *R. S. Dhaliwal*

9.45 – 10.00: **Screening of Film on the “Issues of Women and Mental Health”**

Produced By –Buzz4health and Vijyoti India

(10.00 – 10.20 Hrs)

INAUGURATION BY:

PROF. RANDEEP GULERIA, DIRECTOR, AIIMS

R. S. DHALIWAL, HEAD, NCD, ICMR, NEW DELHI

Guest(s) of Honor: Prof. Usha Kiran Prof. M.V. Padma Dr. Smita Mishra Dr. Manju Vatsa

Joining in: Prof. M Jyotsna Prof. Poonam Malhotra Kapoor

10.20 – 10.35 COFFEE BREAK

SESSION 3: SCIENTIFIC SESSION: (10.35 – 12.30 hrs)

Chairperson: -Manisha Mishra, Sangeeta Khanna, Kalpana Shah, Neeti Makhija

10.35 – 10.45 Strategies to develop the WINCARS association and IICDW journal - *M Jyotsana*

10.45 – 11.00 Nightmare 2018 VSD - *Smita Mishra*

11.00 – 11.15 Peripartum cardiomyopathy: newer perspectives - *Asha Murthy*

11.15 – 11.30 Burden of arrhythmia in pregnancy and their management - *C. Sridevi*

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11.30 – 11.45	Heart Failure 2018 – State of the Art	- Meera Govindarajan
11.45 – 12.00	Sudden Cardiac Death	- Monica Kher
12.00 – 12.15	Cardiac hydatid disease	- Nidhi Bhimsen
12.15 – 12.30	Simulation in paediatric Cardiology	- Ruchika Sharma

SESSION 4: SCIENTIFIC SESSION: (12.30 – 14.00 hrs)

Chairperson: -M. Jyotsana, Maya S, Sanjula Virmani, Anupma Goyal,

12.30 - 12.40:	Acute coronary syndrome in very young (less than 30 years)	<i>Shibba Takkar Chhabra</i>
12.40 - 12.50:	Grown up CHD (GUCH) – who cares?	<i>Manisha Chakraborty</i>
12.50 – 13.00:	ECG interpretation in cardiac patients	<i>Aparna Jaiswal</i>
13.00 – 13.10:	CAD in women	<i>Preeti Gupta</i>
13.10 – 13.20:	Ultra fast tracking in CABG	<i>Kalpna Shah</i>
13.20 – 13.30	Is high protein Nutrition a must in a female cardiac patient	<i>Indu</i>
13.30 – 13.40	Delerium in post cardiac surgical patients	<i>Minati Choudhury</i>
13.40 – 13.50	Armor Regime for RHD	<i>Arti Dave Lalchandani</i>
13.50 – 14.00	Important updates for use of novel oral anticoagulants	<i>Geeta Subramanian</i>

14.00 – 14.30 LUNCH BREAK

SESSION 5: Panel Discussion “WOMEN AS EDITORS OF MEDICAL JOURNAL”
(14.30 – 15.10 hrs)

MODERATOR – M. Jyotsana (Editor in Chief of Indian Journal of Cardiovascular Disease in Women)

14.30 – 14.40	What are the Challenges in Medical editing as a woman? BINDU SHARMA - (<i>Editor in Chief – Indian Journal of Research in Homeotherapy</i>)
14.40 – 14.50	Trends and comparison of female first authorship in high impact medical journal POONAM MALHOTRA KAPOOR (<i>Editor-in-chief – Journal of Cardiac Critical Care</i>)
14.50 – 15.00	Does the Gender of the Medical journals Editor-In-Chief affect the journal Impact ANJU SHARMA (<i>Editor in Chief – Indian Journal of Medical Research</i>)
15.11 – 15.10	How are women Editors different? Publisher perspective RACHNA SINHA (<i>Head of Editorial Services, Thieme Publishers, India</i>)-

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SESSION 7: POINT OF CARE BIOMARKERS IN CARDIAC INTENSIVE CARE AND CATH LAB
(15.10 – 15.40 hrs) LIVE DEMONSTRATION ON POC TESTING MACHINES

Moderator: Poonam Malhotra Kapoor, T. Indrani

<i>Time:</i>	<i>Topic</i>	<i>Panelist(s)</i>
15.10 – 15.20	FIBTEM (Werfen India)	- Suruchi Hasija, Shweta Singh
15.20 – 15.30	CARDIAC POWER INDEX (NICAS) BNP and cTnI (i-STAT)	- B. Uma, Amita Sharma, Nanditha S,
15.30 – 15.40	QIMT & QS (ESOATE)	- Suruchi Ladha, Kalpna Irpachi, Ira Dhawan

SESSION 6 (A and B): ABSTRACTS AND CASE ORAL PRESENTATIONS (15.40 – 16.20 hrs)

Judges: Vimmy Rewari, Neeti Makhija, Jayshree Sood, Priya Jagia, Sushma Bhatnagar

SESSION 6A. Case presentations (6 + 2 min each)

Time	Topic	Presenter
15.40 – 15.48	Radiological evaluation of Aortopulmonary window - (APW)	Dr. Bhavana Sonawane, Prof.& Head, Department Of Radiodiagnosis GMC & SSH,
15.48 – 15.56	Radiological evaluation of PDA	Dr. Bhavana Sonawane, Prof.& Head, Department Of Radiodiagnosis GMC & SSH
15.56 – 16.04	Aortocaval paraganglioma -1 year follow up	Dr. Sunita Kumbhalkar
16.04 – 16. 12	Transeosophageal Echocardiography for ROSS KONNO PROCEDURE	Dr. Shivani Aggarwal Department of Cardiac Anaesthesia AIIMS Hospital, New Delhi
16.12 – 16.20	Women and mental health: AIIMS Experience	Ms. Sushma Sharma

SESSION 6B. e Poster Presentation- simultaneously e poster presentation will take place
(15.40 – 16.20 hrs)

Chairperson: Geeta Subramaniam, Usha Kiran, Minati Choudhury, Archana Virmani

1. Changing Trends of Coronary Artery Disease in Females over a Decade Dr. Sunitha
2. Rare Case of Ruptured Sinus of Valsalva A Case Report by Dr. Abhishek
3. Interrupted Arch of Aorta (Type B) A Case report by Dr. Abhishek
4. Scimitar syndrome variant (meandering pulmonary vein) by Dr. Goutham .K
5. Pseudoaneurysm of aorta – a potentially lethal complication post aortic surgery by Dr. Ravi Kumar Kathi
6. Granulomatous valvulitis presenting as infective endocarditis - a rare presentation by Dr. Ravi Kumar Kathi
7. The Unusual Presence of Bicuspid Aortic Valve with Severe Aortic Stenosis, Hypertrophic Obstructive Cardiomyopathy and Large Pericardial Effusion in a Patient with Sjogren’s Syndrome by Dr. N. Praveen

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SESSION 8: PROMOTION OF MENTAL HEALTH AND WELL BEING AMONG NURSES: AIIMS EXPERIENCE
(16.20 – 17.20 hrs)

Time	Topic	Speaker	Moderator
16.20 – 16.35	Mental Health Of Nursing Students	Dr. Sandhya Gupta, Lecturer, College Of Nursing, AIIMS	Ms. Manjeet Bhalla
16.35 – 16.50	Stress And Burn Out: Nurses' Challenge	Dr. Deepika Amos Khakha, Lecturer, College Of Nursing, AIIMS	Ms. Geeta J Pillai, DNS, CTC
16.50 – 17.05	Communication And IPR Among Health Care Workers	Ms. Kalyani Ganesan, Senior Nursing Officer, Ctc	Ms. Amarjeet Sachdeva Ms. Kamlesh
17.05 – 17.20	A Nurse In My Family	Ms. Alice Yadav, Senior Nursing Officer, CTC	Ms. Shashi Mawar Ms. Daljeet kaur

17.20 - 17.30 Vote of Thanks by Poonam Malhotra Kapoor